Recovery Workshop: Step 11 Meditation Workshop Open to Gam-anon and GA
Saturday May 5th 2007 Pleasanton Room 1:00-4:00 pm
4444 Black Ave, Pleasanton, CA

BIOGRAPHY
Kevin Griffin has been practicing meditation since 1978, and doing Buddhist Vipassana practice since 1980. He has studied with the leading Western Vipassana teachers, including Joseph Goldstein, Jack Kornfield, Ruth Denison, Christopher Titmuss, Ajahn Amaro, James Baraz, Wes Nisker, and many others. He has been teaching meditation in the San Francisco Bay Area since 1996.

Kevin has been actively working with the Twelve Steps since 1985, maintaining continuous sobriety from alcohol and drugs during that time.

Kevin has been trained as a Community Dharma Leader (CDL) with the Spirit Rock Teaching Collective, a two and a half year program of study, retreat, and teacher training. He has been mentored in that program by James Baraz, one of the founders of Spirit Rock Meditation Center.

Kevin has this teaching experience:
- Currently leads the Berkeley Wednesday Night meditation group, founded by Wes Nisker in 1994 and inherited by Kevin in 2000. This group has over 75 regular members.
- Teaches weekly meditation class for recovering addicts and alcoholics at Options Recovery Services in Berkeley.
- Leads workshops and daylongs on Buddhism and the Twelve Steps in the Bay Area.
- Teaches a college course called "What Is Buddhism?" an introduction to meditation and the teachings of Buddhism at St. Mary's College of California.
- Visiting teacher at: Zen Hospice in San Francisco; the Mill Valley Vipassana Group; the Walnut Creek Meditation Group.
- Teaches individuals privately and leads private meditation groups and study groups in Berkeley.

$10.00 per person suggested donation • “Scholarship” plans available

If you have any questions please call Russ M 408 569-8968 or email at rmiyoshi@yahoo.com

Brought to you by your Northern California Area 2 Intergroup

FROM THE WEST BAY
- East on San Mateo Bridge to I-880
- North on I-880 toward OAKLAND
- Take I-238 exit toward CASTRO VALLEY/STOCKTON
- Merge onto I-580 EAST
- Take SANTA RITA RD exit toward PLEASANTON
- Right on BLACK AVE

FROM THE SOUTH BAY
- 680 North towards Sacramento
- Take SUNOL BLVD exit toward PLEASANTON
- Continue on 1ST ST
- Turn left on ABBIE ST
- Turn right on MAIN ST, which becomes SANTA RITA RD
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