

A Burning Desire: Dharma God and the Path of Recovery

The 12-Step recovery literature says we have to find God in order to get sober. Buddhism is known as a non-theistic religion. How can someone with a Buddhist orientation practice the 12 Steps?

This talk will focus on understanding the Dharma and its many aspects as “Higher Powers.” The evening will include meditation instruction, lecture, and a period for questions. It is open to all, including those new to recovery or meditation or the simply curious.